



Scope of Practice & Liability Acknowledgement

By employing the services of Amanda Goodwin, MS RDN LDN/Happily Nourished, I understand this is not a substitute for a physician or mental health professional. I understand that the scope of nutrition counseling services does not include treatment or diagnosis of specific illnesses or mental disorders. Rather, it is meant to compliment and work with physicians/mental health professionals by providing education to enhance my knowledge of health as it relates to foods, dietary supplements, and behaviors associated with eating.

If I suspect that I have an ailment or illness that may require medical or psychological attention, I understand that I am encouraged to consult with a licensed physician/mental health professional without delay, and that only a licensed doctor can prescribe drugs. I understand that any mention of drugs in the course of my services with Amanda Goodwin MS RDN LDN/Happily Nourished is only for the purpose of providing a complete history of drugs that I am taking and not for the dietitian to judge the appropriateness of the medication. Any change in prescription or dosage is a decision I make with my physician.

I understand that while people generally experience greater health and wellness as a result of embracing a healthier attitude, lifestyle, and diet, Amanda Goodwin MS RDN LDN/Happily Nourished does not promise or guarantee protection from future illness.

I understand that Amanda Goodwin MS RDN LDN will keep therapy notes as a record of our work together. These notes document the topics that we talk about, interventions used, and our plan of care along with any other considerations that may be helpful to your work with me. Records will be stored in a secure location.

By signing this form, I acknowledge that I understand that Amanda Goodwin MS RDN LDN/Happily Nourished is a Registered Dietitian-Nutritionist and not a physician or mental health professional and that I should see an appropriate doctor if I think I have a medical condition or mental disorder. Amanda Goodwin MS RDN LDN/Happily Nourished will not be held liable for failure to diagnose or treat an illness/mental disorder, nor will she be liable for failure to prevent future illness.

Additionally, I promise to give a complete and accurate account of any medical conditions that you may have and any medications that you are taking.